

901 Chippewa St. Flint, MI 48503 810-232-9950

# Youth in Transition (YIT) Program

### **Program Overview:**

Catholic Charities has been committed to serving the needs of youth who are or have been in foster care. The youth involved in foster care are often the most vulnerable of our young adults having above average levels of teen pregnancy, mental health and substance use problems, homelessness, unemployment, dependency on assistance, poverty as well as involvement in the legal system.

Catholic Charities provides community-based services that assist these youth in learning to learn to identify, set and achieve their goals. Through community collaboration and referral processes, these high-risk youth are engaged in a full range of services that are provided on an individualized basis that will best meet the youth's needs. These services may include:

- educational support,
- employment support,
- mentoring,
- life skills training (money management, medical care, driver's training, relationship building), and
- case management services as indicated by individual needs.

A consistent mentor has been found to greatly impact the lives of these youth who have, in some cases, moved four or five times while in the foster care system.

# Community Impact (Client Story):

Catholic Charities has provided over 2,200 hours of service to 148 youth in the last fiscal year. In the past year:

- Eighteen youth have completed high school and have applied to college.
- Thirty-five youth are employed and 10 are living independently.
- Twelve youth have been accepted to begin college educations; one with a full scholarship.
- Many of the older youth have begun "giving back" by serving as youth mentors.

## Who is eligible?

Youth aged 14 and not yet 21, who are or have been on or after their 14<sup>th</sup> birthday, supervised by the Department of Human Services in a Foster Care placement based on abuse or neglect. This includes, but is not limited to, placements in foster family homes, relative's homes, group homes, emergency shelters, residential facilities and pre-adoptive placements.

Youth eligible for closed case support are those young adults up to age 21 who are no longer under DHS care and supervision (discharged) while still within the YIT eligibility parameters. Closed case support is intended for those youth currently living on their own, who are self- supporting, and currently maintaining an independent household.

Open to Genesee County residents with referral from public and private agencies, and self-referred youth who meet eligibility requirements.

# Catholic Charities Of Shiawassee & Genesee Counties PROGRAM OVERVIEW

Child Welfare: Foster Care: Therapy & Case Management services.

**Family Preservation** 

Adoption

Home-Based Programs

Teen Parenting Healthy Families Youth in Transition

Family Service: Behavioral Health: Intensive Outpatient, Individual and Group Treatment

Mental Health Treatment

Substance Use Disorder Treatment

Co-occurring Disorders Psychiatric Services

**Group Treatment** 

Anger Management

Survivors of Suicide (SOS)

Breaking the Cycle

Michigan Prisoner Reentry Initiative Women's Specialty Program (Owosso)

#### Prevention/Education:

Anger Management Parenting Classes

Kinship Caregivers Support

### Spanish Speaking Information Center:

Bilingual Case Management Services

Hispanic Senior Club

### On-Site AA and NA

### **Contact Information:**

Linda Bielskis, Interim CEO/President, Vice President-Programs

901 Chippewa Street

Flint, MI 48503

Phone: (810) 232-9950 Fax: (810) 232-9110

Email: lbielskis@catholiccharitiessg.org